

## Dr.Davoud Vahabzadeh CV Form

### 1) Personal Information

**Name:** Davoud

**Last Name:** Vahabzadeh

**Sex:** Male

**Birth Date:** 1978. August.23 (8.23.1978)

**Study Field:** Nutrition Science

**Nationality:** Iranian

**Postal address:** Mahestan apartment- Daneshjoo Blvd-Ilam-Iran

**Tel:** [+988433681410](tel:+988433681410), P.O.Box: 6939177143

**Mobile No:** [+989144480609](tel:+989144480609)

**Work place address:** Ilam, Banqjanab, Research Blvd, Ilam University of Medical Sciences campus, Faculty of Medicine, Nutrition & Biochemistry Department

**Tel:** +988432227126; **Fax:** +988432227120; **P.O.Box:** 6939177143

**Email:** [dvaha2003@yahoo.com](mailto:dvaha2003@yahoo.com), Academic Email: [Vahabzadeh-d@medilam.ac.ir](mailto:Vahabzadeh-d@medilam.ac.ir)

### 2) Postgraduate (Academic) educations

Grade	University	State	Country
BS.c	Jondi shapour	Ahwaz	Iran
MS.c	Jondi shapour	Ahwaz	Iran
PhD	Shahid Beheshti	Tehran	Iran

### 3) Career Records

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No	Title of responsibility	Location	Duration		
			From	To	Months/years
1	Nutrition Expert at Family Health Center	Boukan Public Health Center	1.15.2002	8.16.2003	19 months
2	Nutrition and diet therapist	Sardasht Emam Khomeini Hospital	6.19.2007	07.07.2010	3 years
3	Responsible for rewarding the customers	Sardasht Emam Khomeini Hospital	03.21.2009	1.21.2012	2.5 years
4	Hospital manager	Sardasht Emam Khomeini Hospital	07.07.2010	1.21.2012	18 months
5	Medical equipment officer	Sardasht Emam Khomeini Hospital	09.23.2010	1.21.2012	18 months
6	Member of various health and treatment committees	Sardasht Emam Khomeini Hospital	6.19.2007	1.21.2012	5years
7	Nutrition specialist in ICU	Urmia Emam Khomeini Hospital	12.22.2012	01.21.2015	3 years
8	Responsible for Clinical Nutrition affairs	UMSU Vice Chancellor of Clinical affairs	04.20.2012	12.21.2012	8 months
9	Responsible for Hospital Nutrition Accreditation and Surveillance	UMSU Vice Chancellor of Clinical affairs	06.21.2012	01.21.2015	8 months

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10	Responsible for Research centers department	UMSU Vice Chancelor of research and technology	08.16.2015	10.18.2018	3 years
11	Research and Scientometric Affairs Expert	UMSU Vice Chancellor of research and technology	01.21.2015	05.28.2019	4 years
12	Assistant Professor in Nutrition Sciences	Ilam university of Medical Sciences	28.05.2019	So yet	2 month

### 4) Educational Records

#### 4-1-Academic teaching

Row	Theoretical	Practical	Course					Course No
			Asocite	Bachelor	Master	Doctora	Semester No	
1	-----	Nutrition & Diet therpyInternship		√			1	4
2	-----	Nutrition & Diet therpyInternship		√			1	4
3	Health&Enviroment	-----		√			1	2
4	Health&Enviroment			√			1	2
5	Population and family planning		√	√			1	2
6	Population and family planning		√	√			1	2

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<b>7</b>	Population and family planning		√	√			1	<b>2</b>
<b>8</b>	Health&Enviroment			√			1	<b>2</b>
<b>9</b>	Population and family planning		√	√			1	<b>2</b>
<b>10</b>	Population and family planning		√	√			1	<b>2</b>
<b>11</b>	Principles of Diet Planning		√	√			1	<b>2</b>
<b>12</b>	Population and family planning		√				1	<b>2</b>
<b>13</b>	Principles of child nutrition		√				1	<b>2</b>
<b>14</b>	Population and family planning		√	√			1	<b>2</b>
<b>15</b>	Health and Nutrition in Crisis		√				1	<b>2</b>
<b>16</b>	Health and Nutrition in Crisis		√				1	<b>2</b>
<b>17</b>	Health and Nutrition in Crisis		√				1	<b>2</b>
<b>18</b>	Mother&child nutrition education	Mother&child nutrition education		√			1	<b>3</b>
<b>19</b>	Mother&child nutrition education	Mother&child nutrition education		√			1	<b>3</b>
<b>20</b>	Nutrition in the health care system			√			1	<b>2</b>
<b>21</b>	Nutrition in the health care system			√			1	<b>2</b>

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<b>22</b>	Nutrition Physiology			√			1	<b>2</b>
<b>23</b>	Nutrition Physiology			√			1	<b>2</b>
<b>24</b>	Nutrition Epidemiology			√			1	<b>2</b>
<b>25</b>	Nutrition Epidemiology	-----		√			1	<b>2</b>
<b>26</b>	Applied Nutrition			√			1	<b>2</b>
<b>27</b>	Applied Nutrition			√			1	<b>2</b>
<b>28</b>	Principles of Diet Planning	Principles of Diet Planning		√			1	<b>3</b>
<b>29</b>	Principles of Diet Planning	Principles of Diet Planning		√			1	<b>3</b>
<b>Total</b>	---	---	---	---	---	---	---	<b>66</b>

4-2-  
in

Teaching

workshops

Row	Workshop Title	Organizer	Date	Audience
1	Enteral Nutrition in Practice	UMSU Vice Chancelor of clinical affairs	12/07/2010	Hospital Nutritionists
2	National Nutritional guidelines for screening, prevention and treatment of PKU	UMSU Vice Chancelor of Public Health	07/19/2012	Hospital Educational Supervisors & Children's Ward Staff

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3	Nutrition in Critically ill patients	UMSU Vice Chancellor of clinical affairs	09/16/2013	Hospital Nutritionists
4	Nutrition in Pregnancy and Lactation	Continous Medical Education	10/20/2015	Hospital Nutritionists

### 5) Scores & Honors

913 hours of general, specialized and managerial training  
 8 Encouragement Items  
 Executive committee member for six different International congress

### 6) Research Activities

#### A-Research projects

Raw	Research projects		
	Title	Type of cooperation	Run year
1	Study of identifying some growth faltering risk factors among 3-36 months old children in Ahwaz	Principal Co investigator	2004
3	Studying the effects of taurine and homocysteine on lipid profile and oxidative stress in fructose-fed rats	Co investigator	2005
4	study of energy and protein intakes in critically ill patients from urmia Emam Khomeini Hospital	Advisor	2014

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5	Prevalence of non-diabetic Hyperglycemia in ICU Hospitalized Patients Receiving Enteral Nutrition from urmia Emam Khomeini Hospital	Advisor	2015
6	Urmia Lake Cohort study on prevalence of non communicable disease and their factors	Co investigator	2016
7	Study the Effect of high fat low carbohydrate enteral formula versus standard enteral formula in hyperglycemic critically ill patients: a Randomized Clinical Trial	Principal investigator	2015
8	Serum vitamin D level and its relation to thyroid hormone, blood sugar, and lipid profiles in Iranian sedentary work staff	Principal Co investigator	2016
9	Study The effect of 5A model on behavior change of physical activity in overweight pregnant women	Advisor	2016
10	The relationship between regular intake of breakfast and snacks with weight control and obesity in primary school students from urmia, 2017	Principal investigator	2017
11	The comparative effect of Evaluate three therapeutic drug regimen for the treatment of withdrawal headache in patients with medication overuse headache, referring to the Urmia Emam Khomeini Hospital, 2018	Principal Co investigator	2018
12	The study of overweight / obesity and some of its underlying factors in postmenopausal women of Urmia in 1398-1397	Principal Co Investigator	2018
13	The Effect of a New Technology-Based	Scientific Advisor	2018

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	Advice Method on the Behavioral Changes of Physical Activity in Pregnant Mothers Referring to Urmia Health Centers in 1397		
<b>14</b>	The effect of an educational program and telephone follow up by nurses on the adherence to treatment regimen in dialysis patients referred to Taleghani hospital in Urmia durig 2019	Principal Investigator	

### 7) Books

Corporation in Compilations		Translations	
Title	Date	Title	Date
Food Services Management Processes in Iranian Hospitals	<b>2012</b>	Nutrition; Foundation for development (Persian)	<b>2005</b>
Expectations, checklist and evaluation indicators of hospital nutrition units	<b>2011</b>		
Nutrition assessment forms and guidelines for hospitals	<b>2011</b>		

### 8) Article Publications

#### **1- Seasonal variations of vitamin D and its relation to lipid profile in Iranian children and adults**

SN Saeidlou, D Vahabzadeh, F Babaei, Z Vahabzadeh

Journal of Health, Population and Nutrition 36 (1), 21,1; 2017

#### **2- Food intake, plate waste and its association with malnutrition in hospitalized patients**

K Simzari, D Vahabzadeh, SN Saeidlou, S Khoshbin, Y Bektas



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Nutricion hospitalaria 34 (5), 1376-1381 ; 2017

### **3- Non-diabetic Hyperglycemia and Some of Its Correlates in ICU Hospitalized Patients Receiving Enteral Nutrition**

MAV HASANLOEI, ZV SHARIATPANAH, D VAHABZADEH, ...

Maedica 12 (3), 174; 2017

### **4- The effect of 5A model on behavior change of physical activity in overweight pregnant women**

N Ghaderpanah, H Mohaddesi, D Vahabzadeh, H Khalkhali

The Iranian Journal of Obstetrics, Gynecology and Infertility 20 (9), 101-114; 2017

### **5- Effects of taurine and homocysteine on lipid profile and oxidative stress in fructose-fed rats**

AA Abolfathi, Z Vahabzadeh, N Mahmoodiaghdam, D Vahabzadeh, ...

Scientific Journal of Kurdistan Medical University 22 (3), 49-59 ; 2017

### **6- A prospective study of energy and protein intakes in critically ill patients**

MAV Hasanloei, D Vahabzadeh, A Shargh, A Atmani, RA Osalou

Clinical Nutrition ESPEN; 2017

### **7- Social Determinant Factors and their Relationship with Nutritional Pattern in Cardiovascular Patients after Hospital Discharge**

H NAZARI, D VAHABZADEH, SB MOHAMMADI, L ZAREI, ...

Maedica 11 (3), 214; 2016

### **8- Effects of Appropriate Nutrition Training in Small Groups on Laboratory Parameters in Hemodialysis Patients from Iran**

N AGHAKHANI, SL HOSEINI, K KAMALI, D VAHABZADEH

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MAEDICA—a Journal of Clinical Medicine 12 (4), 276-280

### **9- Risk factors of growth faltering among 3-36 months old children in Ahwaz, Iran**

D Vahabzadeh, M Karandish, J Eftekhari, MH Haghhighizadeh, H Al-Taieb

Journal of Kerman University of Medical Sciences 20 (5), 481-491

### **10- Effect of high-fat, low-carbohydrate enteral formula versus standard enteral formula in hyperglycemic critically ill patients: a randomized clinical trial**

D Vahabzadeh, MAV Hasanloei, ZV Shariatpanahi

International Journal of Diabetes in Developing Countries, 2018; 1-8

### **11- The Relationship between Spiritual wellbeing, Anxiety and Depression in Old Adults: A cross sectional study of Shiraz Clinics, Iran**

N Aghakhani, D Vahabzadeh, S Niroomand, Z Asgarlii, F Zaravar

MIDDLE EAST JOURNAL OF FAMILY MEDICINE 7 (10), 69

### **12-Serum vitamin D level and its relation to thyroid hormone, blood sugar and lipid profiles in Iranian sedentary work staff**

Behnam Mansorian, Mohammad Mirza-Aghazadeh Attari, Davoud Vahabzadeh and Iraj Mohebbi

Nutricion hospitalaria 2018; 35(5):1114-1121

### **13- INAPPROPRIATE NUTRITIONAL INTAKES DURING RAMADAN IN OBESE WOMEN PATIENTS WITH FATTY LIVER PRECLUDE ITS BENEFICIAL EFFECT.**

Gheibi S, Kouselou Z, Zarei L, Vahabzadeh D, Sahebazamani Z, Naseri H.

IJPSR. 2018;9(11):4820-5.

### **14-Evaluation of nutritional status and physical activity level in overweight pregnant women**

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HM Narmin Ghaderpanah, Davoud Vahabzadeh, Hamireza Khalkhali

Journal of Urmia Nursing And Midwifery Faculty.2018. 16 (9), 686-693

### 15-Supplementary feeding pattern and its association with growth faltering among 3-36 months old children

M Karandish, D Vahabzadeh, H Al-Taieb, MH Haghhighizadeh, ...

Afzalipour Journal of Clinical Research.. 2018 4 (3), 16-21

### 16-The relationship between cholesterol level and depression in patients referred to the toxicology ward of Taleghani university hospital in Urmia, 2018

N Aghakhani, D Vahabzadeh, A Zarei, R Cheraghi...

J Urmia Univ Med Sci 29 (11), 826-836

### 9) Presentations

Row	Date	Siminar/Congress/Meeting Title	Presentation Title	Location	Presentation Type
1	09/09/2006	9 <sup>th</sup> Iranian National nutrition congress	Some underlying factors of growth faltering among 3-36 months old children in AHWAZ	Tabriz	Poster
2	11/05/2008	Regional Conference WONCA	Risk factors of growth faltering among 3-36 months old children in AHWAZ,Iran	Bangkok	Poster

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3	07/23/2008	Neonatal and Pediatric Nutrition congress	Supplementary feeding pattern and its relation to growth faltering among 3-36 months old children in AHWAZ	Mashhad	Poster
4	10/27/2008	10 <sup>th</sup> Iranian National nutrition congress	Effects of taurine and homocysteine on lipid profile and oxidative stress in fructose-fed rats	Tehran	Lecture
5	05/19/2009	Yazd Internation Diabete mellitus Congress	Nutritional status of diabetic patients in SARDASHT,s Imam Khomeini hospital	Yazd	Poster
6	12/17/2004	Weight Control Congress	Leptin and Neuropeptide Y and their relation to the obesity	Ahwaz	Lecture
7	07/25/2012	1 <sup>th</sup> Iranian National patient Safety Congress	A prospective study of energy and protein intakes in Emam Khomeini Hospital critically ill patients	Urmia	Lecture
8	05/14/2015	International Congress on Maternal and Childhood Obesity	Study the synergistic effects of curcumin and ortho deoxycholic acid in reducing liver enzymes	Urmia	Lecture
9	05/14/2015	International Congress on Maternal and Childhood Obesity	Prevalence of overweight and obesity in women referring to the spirometry clinic of the Imam Khomeini Hospital in Sardasht during 2011-2014	Urmia	Lecture
10	05/14/2015	International Congress on Maternal and Childhood Obesity	Study the rate of abdominal obesity in high school girls in Urmia in 2014	Urmia	Lecture
11	05/14/2015	International Congress on Maternal and Childhood Obesity	Comparing the rate of overweight and obesity in women and men admitted to emergency care unit of Imam Khomeini Hospital in Urmia	Urmia	Poster
12	12/16/2015	5 <sup>th</sup> congress of obesity Prevention and Treatment	Overweight and obesity in children aged 5-18 years old in West Azerbaijan province in 2014	Tehran	Poster

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13	12/16/2015	5 <sup>th</sup> congress of obesity Prevention and Treatment	Vitamin D deficiency and prevalence of obesity in children and adults in West Azerbaijan province in 2014	Tehran	Poster
14	12/16/2015	5 <sup>th</sup> congress of obesity Prevention and Treatment	Pattern of fats and edible oil consumption in West Azarbaijan province in 2014	Tehran	Poster
15	11/18/2015	3 <sup>th</sup> Iranian National patient Safety Congress	The amount of appropriate vitamin and mineral supplementation in response to the inductive their requirements following drug interventions in the Imam Khomeini Hospital intensive care unit	Urmia	Lecture
16	11/18/2015	3 <sup>th</sup> Iranian National patient Safety Congress	The amount of need Immuno-Nutrition and its establishment in the Imam Khomeini Hospital intensive care unit	Urmia	Poster
17	04/09/2016	2 <sup>th</sup> Intenational & 14 <sup>th</sup> Iranian National nutrition congress	Assessment of dietary intakes in patients with fatty liver disease during Ramadan month	Tehran	Poster
18	04/09/2016	2 <sup>th</sup> Intenational & 14 <sup>th</sup> Iranian National nutrition congress	Prevalence of hyperglycemia in patients receiving Enteral nutrition hospitalized in the intensive care unit of Imam Khomeini, Urmia	Tehran	Poster
19	04/09/2016	2 <sup>th</sup> Intenational & 14 <sup>th</sup> Iranian National nutrition congress	Serum lipid levels and its relation to vitamin D Status in 5-59 years old healthy subjects	Tehran	Poster
20	04/09/2016	2 <sup>th</sup> Intenational & 14 <sup>th</sup> Iranian National nutrition congress	The trend of weight gain during pregnancy in pregnant women in West Azarbayejan province from North-west of Iran; 2015	Tehran	Poster
21	09/06/2017	International Congress of Nursing & Profesionalism in Iran and in the world	Comparison of adverse events related to enteral feeding in two groups of patients receiving high-fat and standard enteral formula	Urmia	Poster
22	09/06/2017	International Congress of Nursing & Profesionalism in Iran and in the world	Study the causes of the discontinuation of enteral feeding in two groups of patients receiving high-fat and standard enteral formula	Urmia	Poster