



**Dr Sohaila Najafi**

## CONTACT

**Address:**

Ilam University of Medical  
Science, School of Medicine,  
Iran

**Email:**

[najafis@medilam.ac.ir](mailto:najafis@medilam.ac.ir)  
[Soli\\_najafi9@yahoo.com](mailto:Soli_najafi9@yahoo.com)

**Phone Number:**

09128432790

## Educational and Research Resume (2025)

### Current Position

*Assistant Professor of Anesthesiology, School of Medicine,  
Emam Khomeini hospital, Ilam University of Medical  
sciences.*

### Education

Grade	University	Year
General Practitioner	Jondishpour University of Medical Sciences	2007
Specialist in Anesthesia, Pain & Intensive Care Unit(ICU)	Mazandaran University of Medical Sciences	2020

### ADDITIONAL SKILLS

- General, Regional, and Local Anesthesia Techniques
- Preoperative Risk Assessment and Optimization
- Difficult Airway Management and Endotracheal Intubation
- Ultrasound-Guided Nerve Blocks and Vascular Access
- Hemodynamic Monitoring and Intraoperative Crisis Management
- Postoperative Analgesia and Acute Pain Services (APS)
- Obstetric and Pediatric Anesthesia
- Anesthesia for High-Risk Surgical Patients (ASA III/IV)
- Sedation for Outpatient and Non-Operating Room Procedures (NORA)
- Advanced Cardiopulmonary Life Support (ACLS, PALS, BLS)

### Research Interests

- Perioperative patient safety and risk assessment
- Pain management and multimodal analgesia
- Anesthesia in high-risk and critically ill patients
- Enhanced Recovery After Surgery (ERAS) protocols
- Sedation techniques in non-operating room anesthesia (NORA)
- Chronic pain and interventional pain therapies

- Anesthesia and outcomes in geriatric surgery
- Simulation-based training and education in anesthesiology
- Clinical decision-making and ethics in anesthetic practice

## *Thesis*

- **"Prevalence** of Acid-Fast Bacilli (AFB) in Broncho alveolar Lavage Fluid of Hospitalized Patients in the Pulmonology Ward of Imam Khomeini Hospital, Ahvaz, and Evaluation of Cytology as an Alternative to Histopathology in the Diagnosis of Tuberculosis".**2007**
- **"Comparison** of the Effects of Intravenous Ketamine and Intrathecal Meperidine in Preventing Shivering During Elective Lower Limb Orthopedic Surgeries Under Spinal Anesthesia"**2020**

## *Professional and Executive Experiences And Honors*

- **Faculty Member** at Ilam University of Medical Sciences since 2025.
- **Member** of the hospital's Root Cause Analysis Committee (RCA)
- **Head of the Operating Room Department**  
*Imam Khomeini Educational and Medical Center, Ilam, Iran*  
2022 –present
- **Deputy for Clinical Education**  
*Faculty of Medicine, Ilam University of Medical Sciences .2025*
- **Member, Alumni Association**  
*Faculty of Medicine, Ilam University of Medical Sciences*  
March 2025 – Present
- **Member of Internal Evaluation Committee for Educational Accreditation, Razi Hospital.**2025
- **Member of Accreditation Committee**  
*Faculty of Medicine, Ilam University of Medical Sciences*  
March 2025 – Present
- **Member of Medical Ethics Committee**  
*Faculty of Medicine, Ilam University of Medical Sciences*  
March 2025 – Present
- **Member of University Curriculum Planning Committee**  
*Ilam University of Medical Sciences.*2025
- **Member of Cultural Council**  
*Faculty of Medicine, Ilam University of Medical Sciences.*2025
- **Member of Selected Committee (Executive Committee)**  
*Faculty of Medicine, Ilam University of Medical Sciences.* 2025
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- **Member** of the University Executive Board (Vice-Chancellery for Education) Ilam University of Medical Sciences.2025
- **Member** of the Educational Council Faculty of Medicine, Ilam University of Medical Sciences.2025

## Teachings Experiences

- **Member of** the Committee for Participation in the Revision of Standards and Accreditation System for Specialized Medical Education
- **General Practitioner and Anesthesiology Physician**  
Imam Hossein Hospital, Mehran – Ghaem Hospital, Ilam – Imam Ali Hospital, Sarableh – Imam Khomeini and Taleghani Hospitals, Ilam. 2007 – 2023

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- **Teaching** Anesthesiology I – III, **Ilam university of medical sciences.**
  - **Examiner in** the Clinical Competency Examination for General Practitioners in Six Consecutive Sessions
  - **Examiner in** the Clinical Competency Examination for Entry into Anesthesiology Residency in Two Sessions.
  - **Evaluator** for the Establishment and Quality Monitoring of Skill-Based and Professional Emergency Medical Management Training Programs in Dental Clinics.
  - **Evaluator of the** Clinical Competency Examination for Medical Students in Macro-Region 3 at Kermanshah University of Medical Sciences, 2024.

## Google scholar

<https://scholar.google.com/citations?user=hATtDU4AAAAJ&hl=en&oi=ao>

**Research Gate :** <https://www.researchgate.net/profile/Soheila-Najafi-2>

**ORCID Page :** <https://orcid.org/0000-0002-4497-7724>

**ISID :** [https://isid.research.ac.ir/Soheila\\_Najafi](https://isid.research.ac.ir/Soheila_Najafi)

**Rpis :** <https://rpis.research.ac.ir/>

1. **Comparison of** Intravenous Ketamine with Intrathecal Meperidine in Prevention of Post-anesthetic Shivering after Spinal Anesthesia for Lower Limb Orthopedic Surgeries: A Double-blind Randomized Clinical Trial. *Abdolmajid Gholinataj, Afshin Gholipour Baradari, Soheila Najafi, Farshad Hasanzadeh Kiabi.2021.*

## Scientific profiles

## Research Articles

## Research projects

- **Comparison** of Hypoalbuminemia Incidence in Two Groups of Patients Receiving Hospital Enteral Formula and Intralipid in the ICU of Imam Khomeini Hospital, Ilam, During **2023–2024**. *Parinaz Tahmasebi, Sohila Najafi (Professor Advisor), Ebrahim Khalighi, Reza Pakzad, Davood Ohabzadeh.*

- **Comparison** of the Effects of Remifentanyl, Methadone, and Sufentanyl on Pain and Delirium Levels in Patients Undergoing Spinal Surgery, *Hamidreza Zanj, Leida Noori, Masoude Hatefi, Sohila Najafi, Marzieh Rostamkhan. 2020-2022.*

- **Comparison** of Serum Copper and Zinc Levels in Two Groups of Patients Receiving Homemade and Commercial Formulas in the Intensive Care Unit of Imam Khomeini Hospital, Ilam in **2023**

*Mahsa Majidi, Sohila Najafi, Ebrahim Khalighi, Reza Pakzad, Davood Ohabzadeh.*

- **Investigating** the relationship between early postoperative pain outcome measures and late functional outcomes in patients after knee arthroplasty. *Soheila Njafi (Referee).*

## Academic Presentations and Workshops

- Delivered a lecture on **Basic and Advanced Cardiopulmonary Resuscitation (CPR)** at Taleghani Hospital, Ilam – 2020
- Delivered a lecture on **Basic and Advanced CPR** at Imam Ali Hospital, Sarableh – 2020
- Presented a lecture on **Pharmacological Interventions in Painless Delivery** for midwifery staff at the Provincial Health Center – 2022
- Delivered a lecture on **Local Anesthetic Toxicity and Management** for physicians and paramedics – 2021
- Presented a lecture on **Shock and Obstetric Shock Management** – 2023
- Conducted a workshop on **Introduction to Mechanical Ventilators** for nurses and clinical staff – 2024
- Delivered a lecture on **Recognition and Management of Hemorrhagic Shock** – 2024
- Delivered a **webinar** on **Painless and Low-Pain Delivery Techniques** – 2023
- Delivered a **webinar** on **Nursing Care Practices** – 2023

## *Honors and Awards*

- Certificate of Appreciation from the Deputy of Treatment for contributions to **painless delivery** at Taleghani Hospital
- Honored as **Distinguished Female Physician** by the Chancellor of Ilam University of Medical Sciences on the birthday of Hazrat Fatemeh Zahra (S.A.)
- Recognized as a **Top Health Defender** in COVID-19 prevention and response – *2021*
- Awarded the title of **Outstanding Physician** – *2021*
- Appreciation letter from the **Police Commander of Chardavol City** for COVID-19 efforts – *2020*
- Certificate of Appreciation from the Director of **Imam Khomeini Hospital** for excellence in training and evaluation of medical trainees
- Awarded by the Chancellor of Ilam University of Medical Sciences for contribution to **pediatric endoscopic anesthesia** at Imam Khomeini Educational and Medical Center
- Received **Physician's Day Recognition** from the Governor of Chardavol City – *2021*