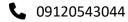


CONTACT



sohrabnejad1989@gmail.com

💿 ilam , IRAN

SOFTWARES

- Office Word
- SPSS Training Software
- Endnote software

-STATA

- MaxQDA

CERTIFICATES

- Data Analytics
- CBT
- ACT
- CBCT
- MBCT

LANGUAGES

English, Francis



Sajad Sohrabnejad

Assistant professor of clinical psychology Department

| EDUCATION | |
|--|-------------|
| PhD. of Counselling Psychology | 2017 - 2022 |
| University of Social Welfare and Rehabilitation Sciences, Tehran. Iran | |
| Master of Counselling psychology | 2013 - 2015 |
| University of Social Welfare and Rehabilitation Sciences, Tehran. Iran | |
| Bachelor of psychology | 2007 - 2011 |

WORK EXPERIENCE

Job Title: Assistant professor of clinical psychology Department Responsibility:

- Lead of counselling and health office in ILam medical sciences
- Counselor and psychotherapist in health office in ILam medical sciences

SOFT SKILLS

- Adaptability
- Teamwork
- Leadership
- Time Management
- Communication
- Creativity
- Decision-Making
- Self-Awareness

HARD SKILLS

- Problem Solving
- Communication
- Critical Thinking
- Data Structures
- Programming
- Psychotherapist

CAREER OBJECTIVE

Assistant professor in the Department of Clinical Psychology who teaches and educates psychology and counseling courses.

PROJECTS

| The effectiveness of acceptance and commitment therapy on distress tolerance in substance abusers. | 2022 |
|--|------|
| Investigating the professional competence of employees of the Positive Life Centers of the Ilam Welfare Department | 2021 |
| The effectiveness of teaching reality therapy concepts on parent-child conflicts and self-efficacy of male adolescents in llam city. | 2016 |
| Investigating the relationship between anxiety and speaking skills among English language learners in Ilam city. | 2008 |

Articles in Journals

- Relationship between Deterministic Thinking and Locus of control in Students
- Effectiveness of Cognitive Behavior Therapy on the Quality of Life and
 Reduction of Symptoms in Women with Body Dysmorphic Disorder (BDD)
- Therapy (ACT) on the Co-dependency of a Group of the Mothers of Addicted
 Individuals
- Prevalence of addiction to the internet in schools and its relationship with the symptom of mental disorders
- The effectiveness of cognitive-behavioral stress management training on depression in women with multiple sclerosis.
- The effectiveness of teaching reality therapy concepts on parent-child conflicts and self-efficacy in male adolescents
- Effectiveness of concepts of reality therapy on parent-child conflicts father-son