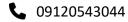


CONTACT



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💿 ilam , IRAN

SOFTWARES

- Office Word
- SPSS Training Software
- Endnote software

-STATA

- MaxQDA

CERTIFICATES

- Data Analytics
- CBT
- ACT
- CBCT
- MBCT

LANGUAGES

English, Francis



Sajad Sohrabnejad

Assistant professor of clinical psychology Department

EDUCATION	
PhD. of Counselling Psychology	2017 - 2022
University of Social Welfare and Rehabilitation Sciences, Tehran. Iran	
Master of Counselling psychology	2013 - 2015
University of Social Welfare and Rehabilitation Sciences, Tehran. Iran	
Bachelor of psychology	2007 - 2011

WORK EXPERIENCE

Job Title: Assistant professor of clinical psychology Department Responsibility:

- Lead of counselling and health office in ILam medical sciences
- Counselor and psychotherapist in health office in ILam medical sciences

SOFT SKILLS

- Adaptability
- Teamwork
- Leadership
- Time Management
- Communication
- Creativity
- Decision-Making
- Self-Awareness

HARD SKILLS

- Problem Solving
- Communication
- Critical Thinking
- Data Structures
- Programming
- Psychotherapist

CAREER OBJECTIVE

Assistant professor in the Department of Clinical Psychology who teaches and educates psychology and counseling courses.

PROJECTS

The effectiveness of acceptance and commitment therapy on distress tolerance in substance abusers.	2022
Investigating the professional competence of employees of the Positive Life Centers of the Ilam Welfare Department	2021
The effectiveness of teaching reality therapy concepts on parent-child conflicts and self-efficacy of male adolescents in llam city.	2016
Investigating the relationship between anxiety and speaking skills among English language learners in Ilam city.	2008

Articles in Journals

- Relationship between Deterministic Thinking and Locus of control in Students
- Effectiveness of Cognitive Behavior Therapy on the Quality of Life and
 Reduction of Symptoms in Women with Body Dysmorphic Disorder (BDD)
- Therapy (ACT) on the Co-dependency of a Group of the Mothers of Addicted
 Individuals
- Prevalence of addiction to the internet in schools and its relationship with the symptom of mental disorders
- The effectiveness of cognitive-behavioral stress management training on depression in women with multiple sclerosis.
- The effectiveness of teaching reality therapy concepts on parent-child conflicts and self-efficacy in male adolescents
- Effectiveness of concepts of reality therapy on parent-child conflicts father-son